



# Volunteer Police Cadets

We currently have ten Volunteer Police Cadet units in our force area. These are based at Bath, WSM, Patchway, Hartcliffe, Central Bristol, Henbury, Portishead, Speedwell, Street and Taunton.

## The Role

Being a Volunteer Police Cadet is a great opportunity to develop new skills and self-confidence. It gives young people an opportunity to play an active role in the delivery of policing in their local community.

By being a cadet, you'll have the chance to gain hands on experience, as well as learn about the various opportunities available to you within the constabulary. We also offer the opportunity to gain an insight into various aspects within the police through workshops and demonstrations, including meeting dog handlers and visiting the forensics department.

## What do Cadets aim to do

The aims of the cadet scheme are:

- Promoting a practical understanding of policing among young people
- Encouraging the spirit of adventure and good citizenship
- Supporting local policing priorities through volunteering and giving young people a chance to be heard
- Inspiring young people to participate positively in their communities.

## How do I join

You must be aged between 14-17 years old and reside in, or attend school, in the Avon and Somerset policing area.

## Adult Cadet Leaders

Our cadet units rely on dedicated volunteers, police officers and staff running the units and providing logistical support in their spare time. Cadets meet for two hours a week during term time, as well as volunteering to support community activities and events during holidays and weekends.

If you are interested in joining or supporting the Avon and Somerset Volunteer Police Cadets, please go to our website:

[www.avonandsomerset.police.uk/about-us/recruitment/volunteer](http://www.avonandsomerset.police.uk/about-us/recruitment/volunteer)

**Our Values:**  
Everyone's Welcome

Keep up-to-date with current vacancies:

[www.avonandsomerset.police.uk/cadets](http://www.avonandsomerset.police.uk/cadets)





## Jake – Student, Works in Retail and Head Cadet

“I started cadets as a quiet member not knowing anyone; this pushed me out of my comfort zone. I soon gained confidence and became a more outgoing person.

I am head cadet in my unit which means I have to help organise cadets at our weekly meetings. I guide and encourage new and existing cadets to be the best they can be.”



## Helen - Student, Award Winner and Cadet

“I am very shy and being a cadet has given me so much confidence. It also gives you great work prospects and things to talk about in interviews. I can talk to a five-year-old and a 75-year-old, it has improved my communication skills and I feel proud that I am able to help people.

I received a Gold Commanders Award for my support during the Somerset Level's flooding.”

